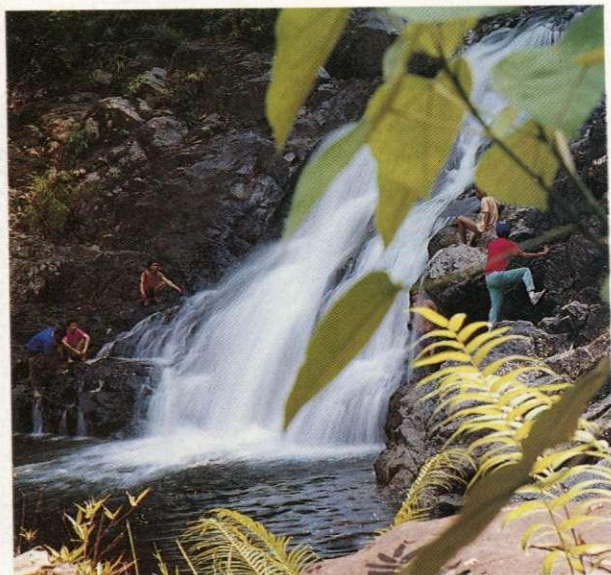


WATERFALLS



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Lata Bali, Kelantan

SOUTH CHINA SEA

SULU SEA

Kota Kinabalu •

Labuan Island

SABAH

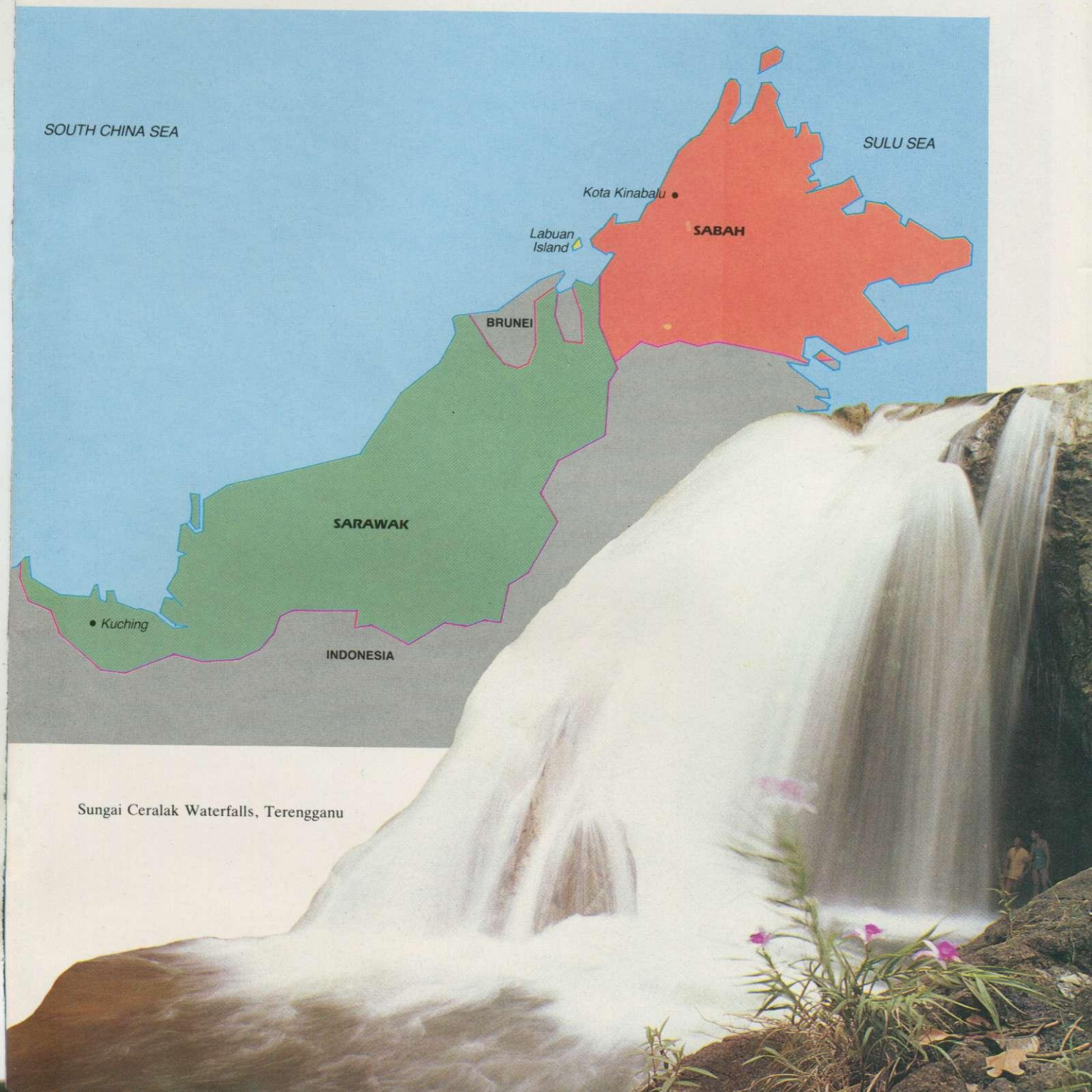
BRUNEI

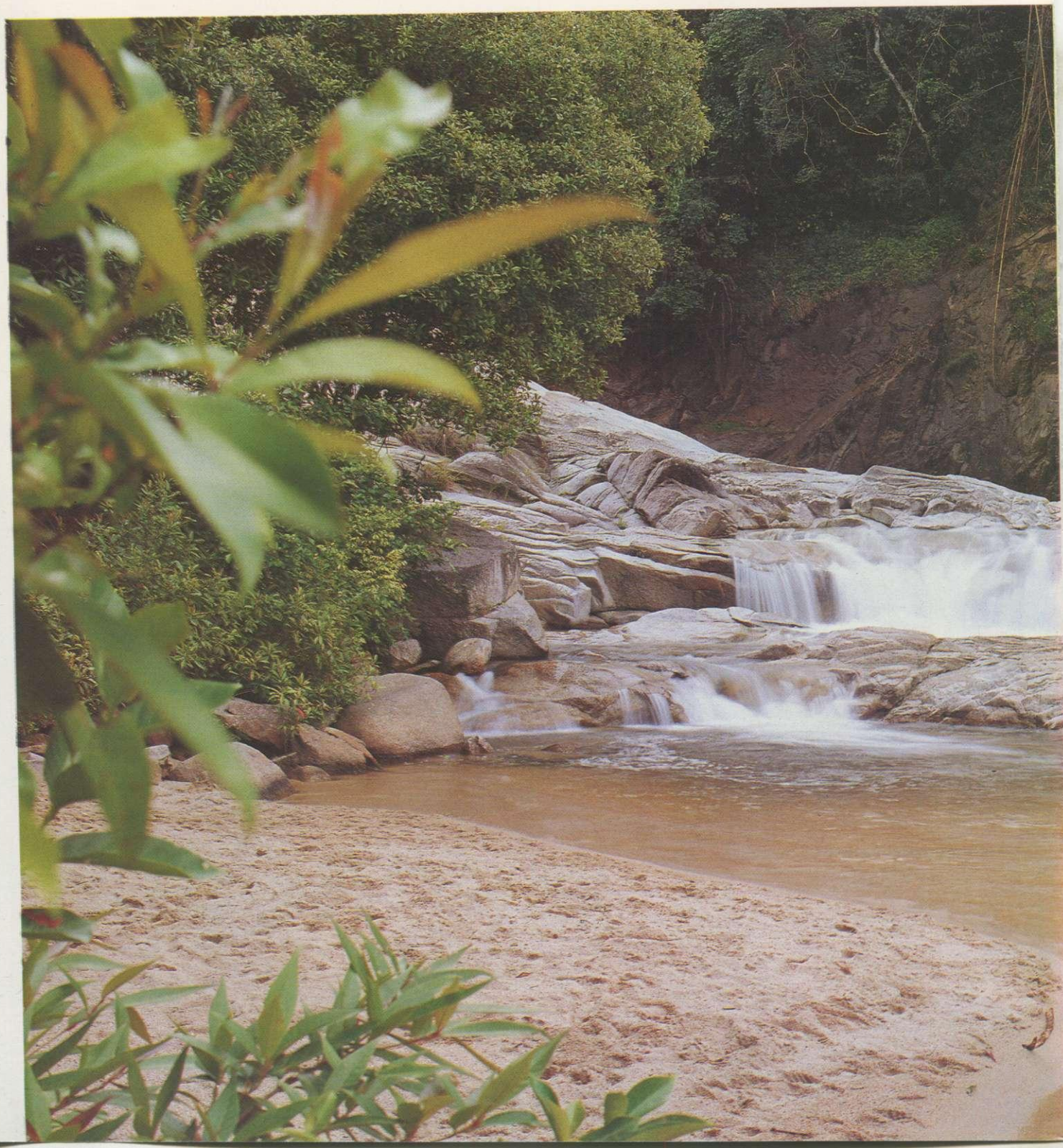
SARAWAK

• Kuching

INDONESIA

Sungai Ceralak Waterfalls, Terengganu







Malaysia comprises of thirteen states and the federal territories of Kuala Lumpur and Labuan. Of the thirteen states, Sabah and Sarawak are located on the island of Borneo while the remaining eleven states of Perlis, Kedah, Penang, Perak, Selangor, Negri Sembilan, Malacca, Johor, Pahang, Terengganu and Kelantan are located in Peninsular Malaysia. The federal territory of Kuala Lumpur is also the federal capital while Labuan is an island off Sabah.

As it is located in the equatorial region, Malaysia has a hot, wet climate throughout the year with an average annual rainfall of about 2,500 mm. With a total land area of 330,434 square kilometres, much of the country remains under tropical rainforests yet to be explored by Man.

A visit to a waterfall is always an exciting experience. Some of Malaysia's waterfalls are easily accessible by car while others may require additional trekking, hill-climbing or river-crossing. Appropriate attire is required to protect oneself from thorny vines or harmful insects along certain jungle paths. It is also advisable to bring along your own canteen for longer trips as water from the rivers and streams may not be always suitable for drinking. A simple first-aid kit may also come in handy.

The plentiful rainfall and topography of the country have combined to give rise to a vast number of waterfalls, some majestic and spectacular while others small yet attractive, scattered all over the country. The waterfalls featured in this book are those that are accessible and are established recreational spots. However, there are many more falls in deep forests which are inaccessible and can only be viewed from the air and these are not featured here.



Waterfall visitors should also remember that the falls themselves may be dangerous at certain places. They should not venture too close to the edges of cliffs and should stay off steep paths as well as rocks. Visitors should also respect the pristine beauty of these falls and strive to keep the place clean at all times.

The maps provided in this brochure are only a rough guide. Visitors are advised to ask for directions from the locals. Some waterfalls may even require the services of guides.

Chamang Waterfall, Pahang.



KEDAH

Kedah is located south of the state of Perlis and is bordered in the south by the states of Pulau Pinang and Perak. To the east, Kedah is flanked by neighbouring country of Thailand. Commonly known as 'The Rice Bowl of Malaysia', an attraction of Kedah is the legendary island of Langkawi. A lesser-known but equally captivating attraction of Kedah are its waterfalls, some of the most beautiful of which can be found on the island of Langkawi.



Telaga Tujuh Waterfall, Langkawi

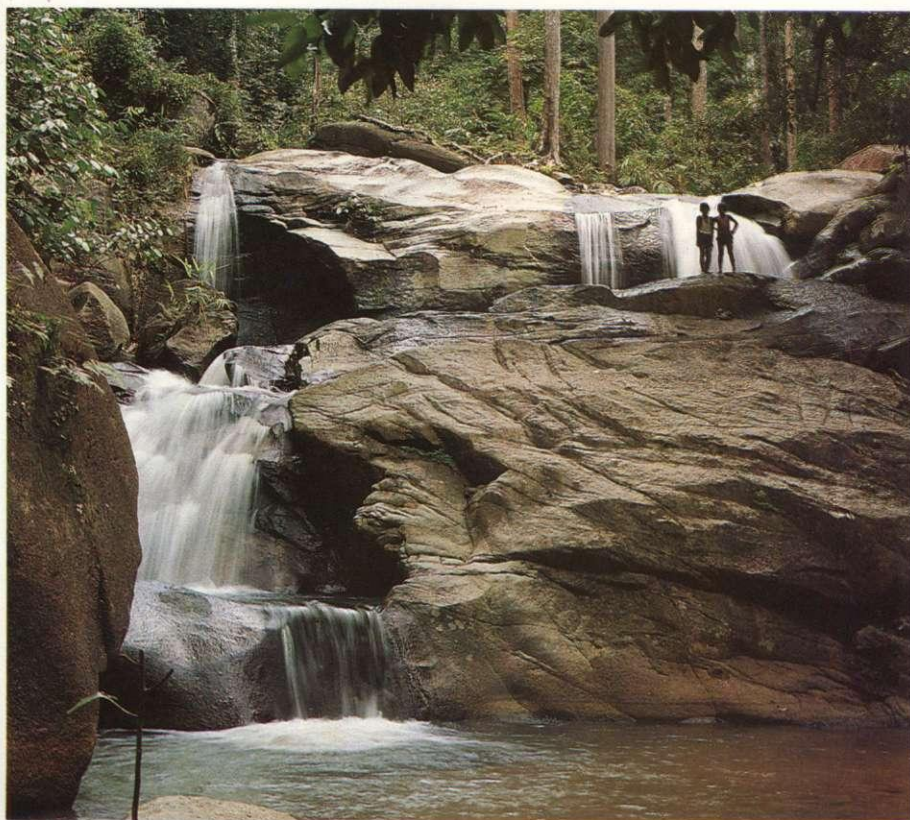
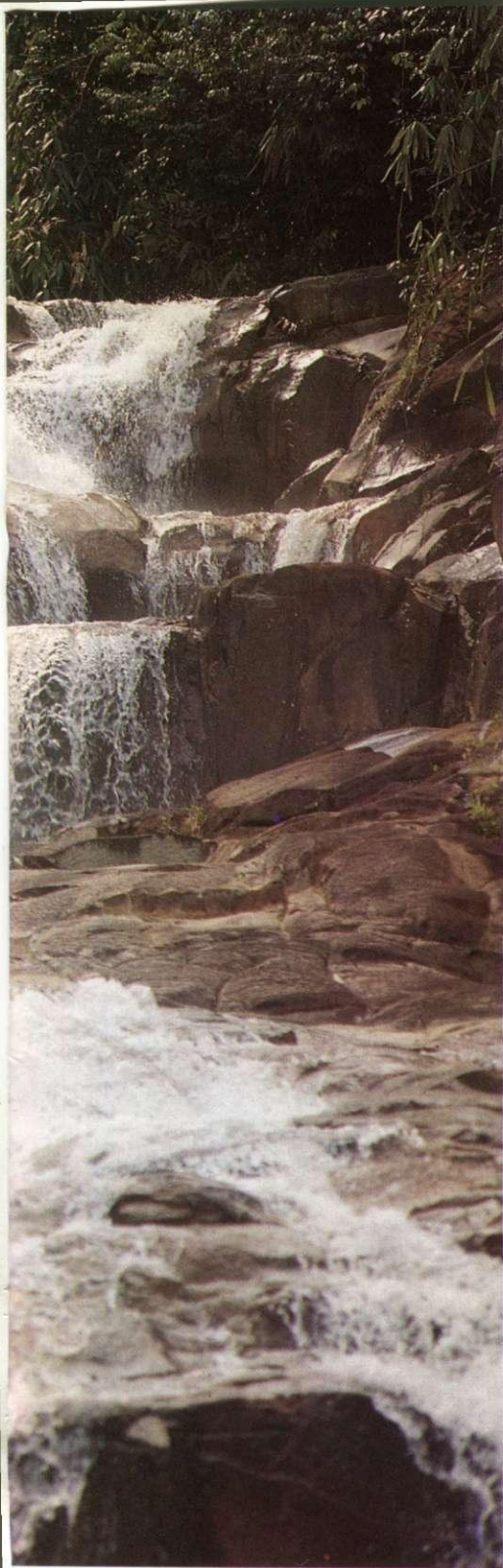
The island of Langkawi can be reached by ferry from the mainland or by air. The administrative centre of this island is the town of Kuah while other traditional Malay villages are scattered over the island. **Durian Perangin Waterfalls**, one of the most beautiful in Kedah can be reached by a 2.5-kilometre track off the Kuah – Tanjong Rhu road, 14 kilometres from Kuah. **Telaga Tujuh Waterfall**, so named because of the seven pools (telaga tujuh) which are a prominent feature of the waterfall, is easily the most popular waterfall in Langkawi island and is accessible by car. The other falls in Pulau Langkawi are the **Temurun Falls** and the **Lubok Semilang Falls**, both equally accessible.

The waterfalls on mainland Kedah are no less spectacular than those on Langkawi Island. 16 kilometres from Kuala Nerang are located the **Punchak Janing Waterfalls** which are made up of several falls and have proved to be popular with the locals.

Located within a forest reserve 10 kilometres from Jitra town, the **Sungai Charok Wang Falls** offer other attractions such as forest trails and picnic spots. The **Bukit Perak Waterfall** is a small fall set amidst primary rainforest and can be reached after a 50-kilometre drive from Alor Setar.



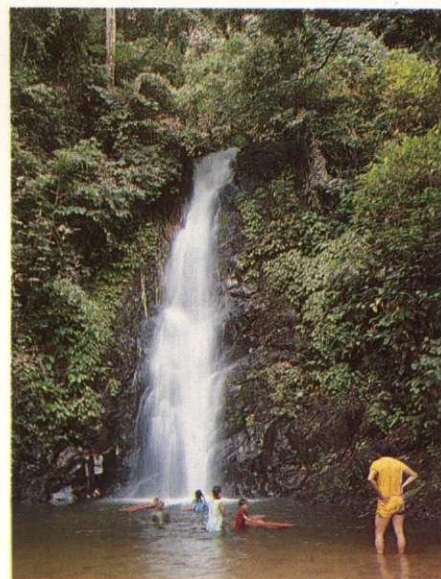
Lata Mengkuang



Punchak Janing Waterfalls

12.5 kilometres from Sik town along the Sik – Baling road is the access to **Lata Mengkuang**. A short hike of 1.5 kilometres from this point takes one to the main falls which present a spectacular view of a seemingly endless array of cascades falling over rocks polished smooth by water.

Lata Bukit Hijau can be reached via a 10-kilometre drive from Malau town followed by a 4-kilometre drive through a network of estate roads. The falls, located in the Gunung Inas Forest Reserve, have pools of crystal clear water which are just perfect for an invigorating dip.



Durian Perangin Waterfalls

The breath-taking **Sungai Perigi Waterfall** drops over a hundred metres and is easily accessible by car, the last leg of the journey being a 4.5-kilometre drive from the town of Yan Kechil. The much smaller **Kampung Perangin Waterfall** is located 3.4 kilometres from Sik town within the Bukit Anggan Forest Reserve. The area is provided with public amenities such as changing rooms, toilets and shelters and the waterfall is very popular among visitors to the area.

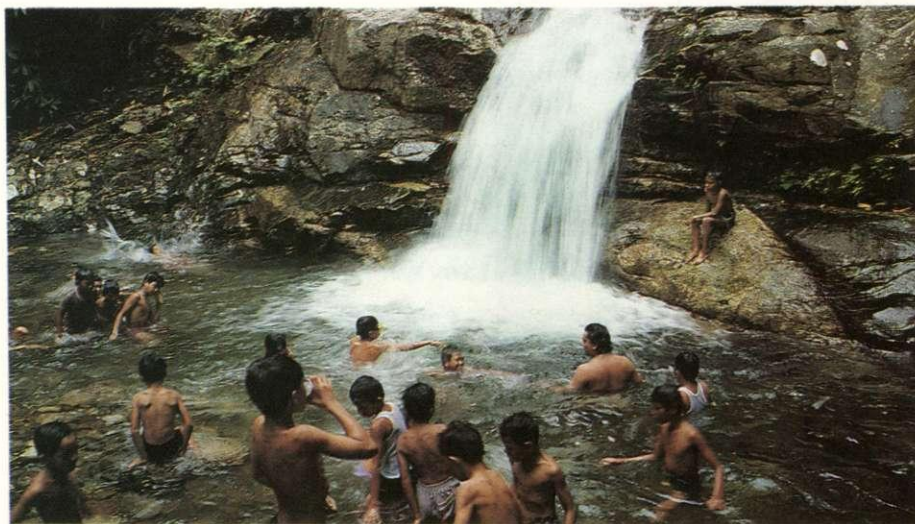
Batu Hampar Waterfalls lie at the foot of Gunung Jerai, the highest mountain in Kedah. Located 3.5 kilometres from Yan town, visitors will have to walk the last 500 metres through well-shaded secondary forest to get to the falls.

Candi Bukit Batu Pahat Falls are located about 3 kilometres from Merbok town. An item of interest in the vicinity of the falls is an archaeological dig which has proved to be the site of one of the earliest settlements in the country.

Sungai Kecil Ilir Waterfall lies 3 kilometres west of Serdang town and is a small fall with a 1.5-metre deep pool. **Junjong Waterfall** is located 5 kilometres from Junjong town. Easily accessible by car, the waterfall site has been provided with facilities such as shelters, changing rooms and walkways.



Junjong Waterfall



Batu Hampar Waterfalls





PULAU PINANG

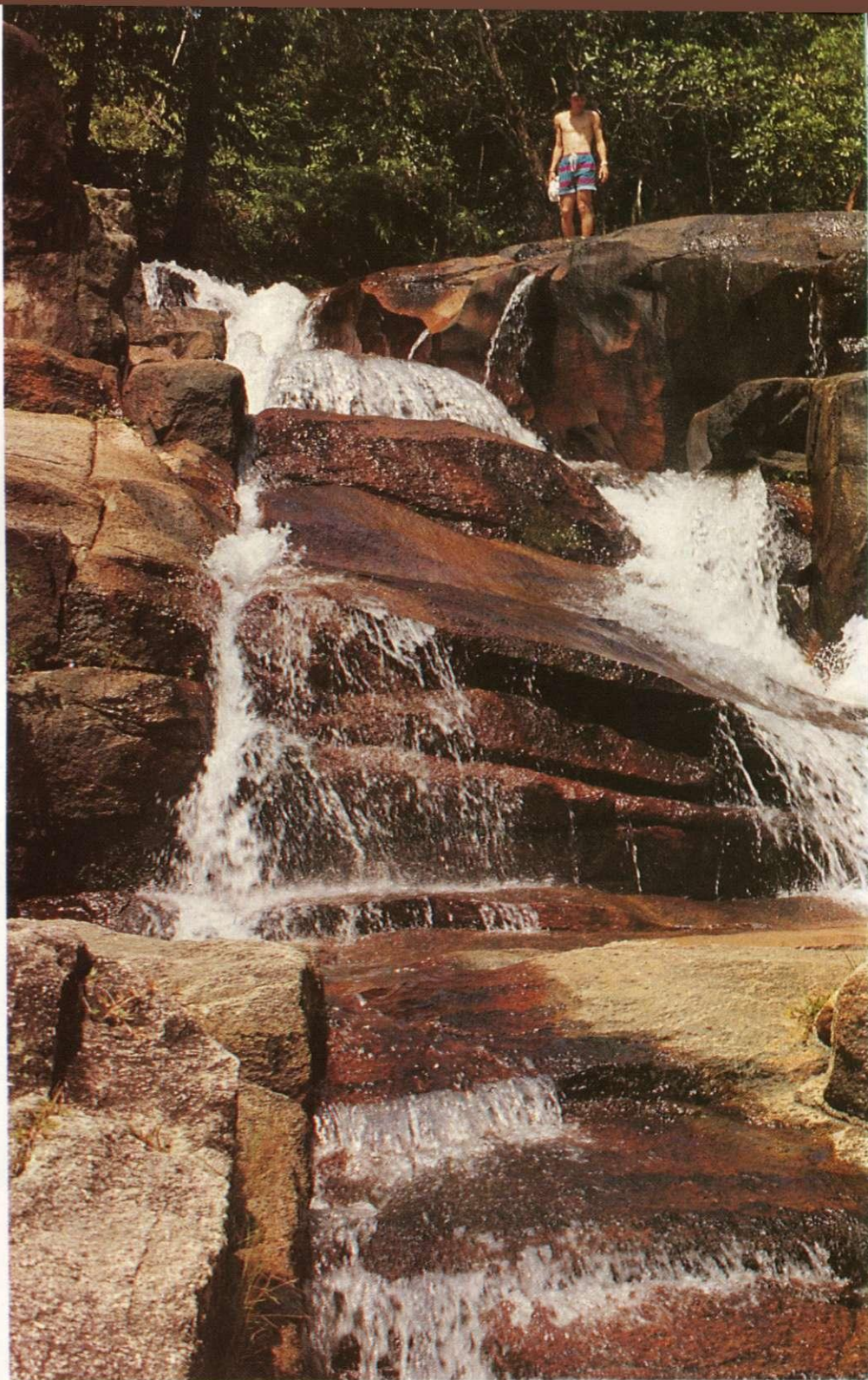
Pulau Pinang, the “Pearl of the Orient”, has always been a favourite destination of tourists visiting Malaysia. Penang, as the island is known by its anglicised name, has in addition to its rich and diverse cultural heritage, a natural beauty that includes some small but interesting waterfalls.



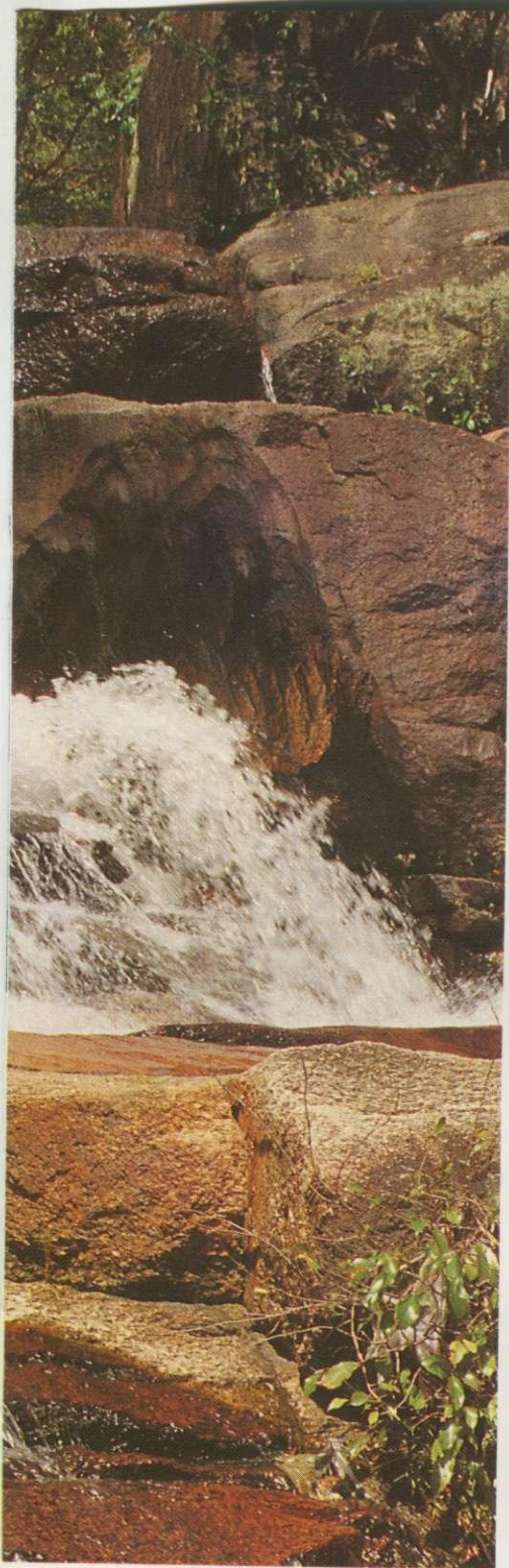
Titi Kerawang Waterfall

Batu Ferringi, a popular beach resort on the northern part of the island, has a waterfall that is popular among both tourists and locals alike. Located about 2 kilometres from Batu Ferringi village along the Batu Ferringi – Teluk Bahang road, the 2-metre high **Batu Ferringi Waterfall** provides an interesting change of scenery for visitors to the seaside. The more adventurous can try out the jungle trails that go upstream of the falls.

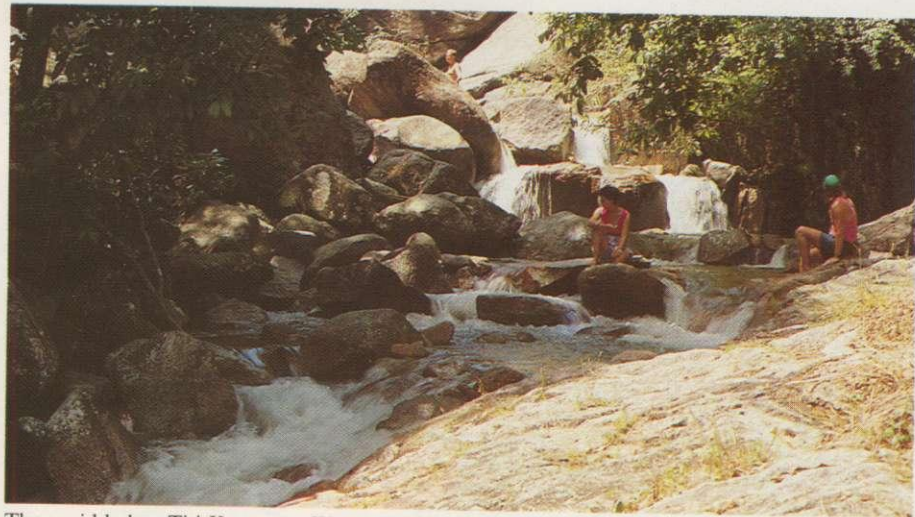
The **Titi Kerawang Waterfall**, sited about 11 kilometres from Balik Pulau village, is rather small but is worth a visit as the waterfall and its surroundings give the visitor a feeling of tranquility. Tourists in the vicinity of Bayan Lepas should visit the **Bayan Lepas Waterfall** which is just outside Bayan Lepas village.



Batu Ferringi Waterfall



Bayan Lepas Waterfall



The rapid below Titi Kerawang Waterfall



PERAK

Perak, located mid-way along the west coast of Peninsular Malaysia is one of the major producers of tin, rubber and rice in the country. As a result of its hilly terrain and numerous rivers, a large number of waterfalls can be found in this state.



Sungai Terong Waterfalls

Visitors to the hill resort of Cameron Highlands should make it a point to visit some of the waterfalls that can be found along the way. At the 22nd kilometre of the Tapah-Cameron Highlands road, **Lata Iskandar**, a 15-metre high waterfall, is located just beside the road and has proved to be a popular place among picnickers, bathers and campers. The more secluded **Belah Belum Waterfall** is also in the vicinity of Lata Iskandar. Situated in the Tapah Hills Forest Reserve, the waterfall is an ideal place for nature lovers. The **Batang Padang Waterfall** is also accessible from the Tapah-Cameron Highlands road and a wide range of flora can be found around the site. 15 kilometres south of Tapah is Bidor and a further 15 minutes drive from here will take one to the **Gepai Waterfalls**.



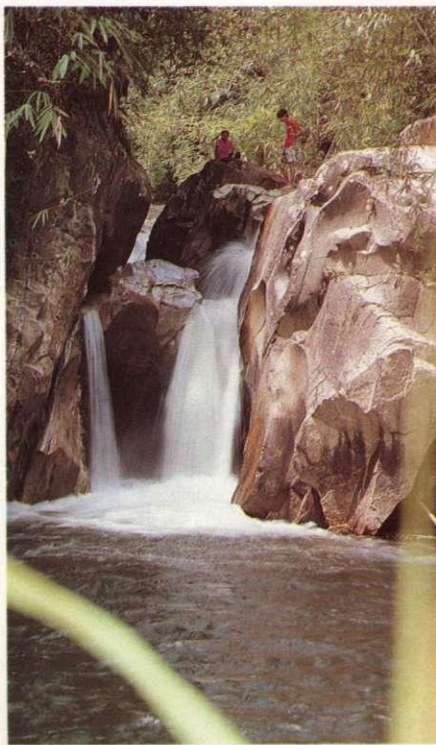
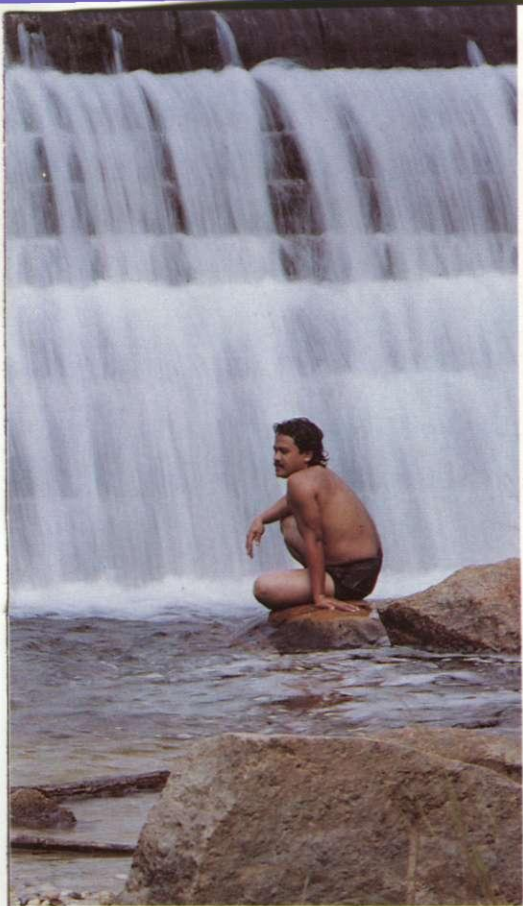
Sungai Kinta Weir

The **Sungai Kinjang Waterfall** is an impressive series of cascades over 100 metres high. To get to this waterfall, one will have to turn off after Kampung Kinjang at the 15th kilometre of the Tapah-Gopeng road. This access road will take the visitor to the falls, passing several villages along the way. The **Sungai Salu Slide**, a natural water slide that is popular among the locals is located in the Kinta Forest Reserve 10 kilometres north of Kampar on the way to Gopeng.



Lata Iskandar

Man-made structures along rivers are often popular places for picnicking and bathing. The **Sungai Kinta Weir**, located 7 kilometres from Tanjung Rambutan and the **Sungai Kenas Weir**, 13 kilometres south of Kuala Kangsar are both popular picnic spots.



Gepai Waterfalls



Taiping, a peaceful rustic town, used to be a busy administrative center when tin was extensively mined in this area in the earlier part of this century. 33 kilometres from Taiping on the way to Bruas is the **Sungai Nyior Waterfall**, a majestic fall about 120 metres high dropping into a pool at the base. Quite different from the Sungai Nyior Waterfall is the **Sungai Cheh Waterfall** which is a small, serene waterfall 20 kilometres from Taiping.

The **Sungai Terong Falls**, located 3 kilometres off the 20th kilometre of the Taiping-Bruas road, have rock terraces which form the falls and never fail to impress visitors. The **Bukit Gantang Waterfall** is a small but nevertheless a pretty waterfall located 20 kilometres from Taiping on the way to Kuala Kangsar.

The **Sungai Chepias Rapids**, located near Kampung Paya Lintah about 10 kilometres from Padang Rengas town, have numerous pools of foaming water. The **Air Hitam Waterfall**, located off the Batu Kurau-Selama road, flows among huge boulders at the edge of a jungle.

38 kilometres from Kuala Kangsar along the Kuala Kangsar-Lenggong road is a dirt track that goes for 1.6 kilometres to the **Sungai Tampán Falls**. The falls consist of several stages ranging from 2 to 15 metres in height. The **Sungai Kulim Waterfalls** are located 14 kilometres from Gerik on the road to Kuala Kangsar. Comprising of a series of waterfalls, this place is an attractive spot with well-maintained surroundings.

Air Hitam Waterfall



PERAK

PAHANG

Sungai Kerling

Kuala Kubu Baru

Alor Lempah

Ulu Yam

Ulu Yam Baharu

Sungai Sendat

Serendah

Sungai Serendah

Perigi Tujuh

Rawang

Sungai Kanching

KUALA
LUMPUR

SHAH ALAM

KLANG

Sungai Gabai

Sungai Sekamat

Kajang

Semenyih

Straits of Malacca

NEGERI SEMBILAN

Sungai Langat

SELANGOR

Separated from the state of Perak in the north by the Bernam River is the state of Selangor. Though the waterfalls in Selangor number much less than those in Perak, their popularity, in terms of the number of visitors is definitely greater than the falls in Perak. This might be due to a greater number of inhabitants from the many urban areas in the state seeking a break from the concrete jungle.



Kanching Falls



Sungai Kerling Waterfall.

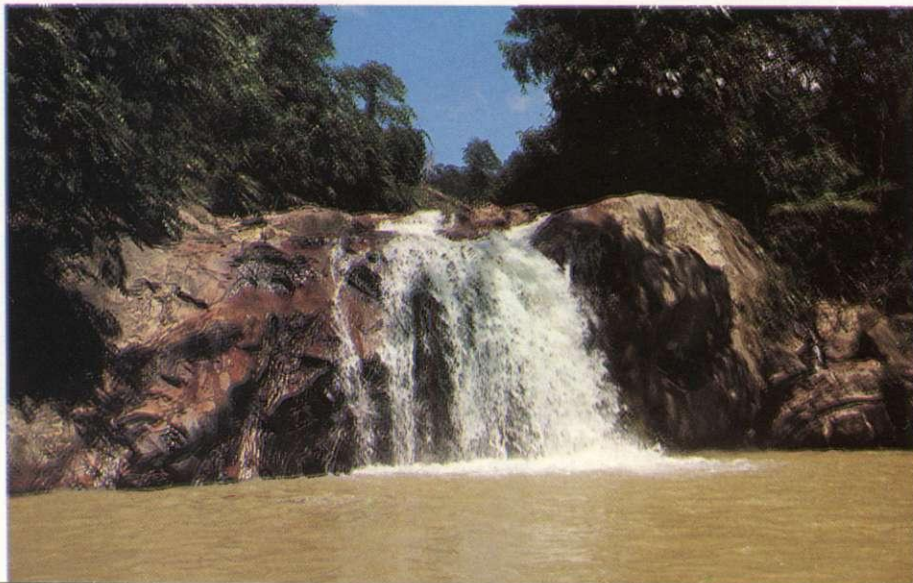
Just 20 kilometres north of Kuala Lumpur is the Kanching Forest Reserve, the main attraction of which are the **Kanching Falls**, often wrongly called the Templer Park Falls as they are adjacent to Templer Park. Easily the most popular waterfall in Selangor, it drops in several stages over a total height of about 300 metres. The site has been provided with ample facilities and is usually full of visitors during weekends.

Perigi Tujuh Serendah, or the Seven Wells of Serendah is a 50-year old structure constructed to supply water for tin-mines. Located about one kilometre from Serendah town, the structure has since ceased to be used for mining but the authorities have developed the surroundings into a recreational spot. Just 5 kilometres from Perigi Tujuh is the **Sungai Serendah Waterfall**, a small fall with a large pool fringed by a narrow sandy beach.

Sungai Serendah Waterfall



Sungai Gabai Waterfalls





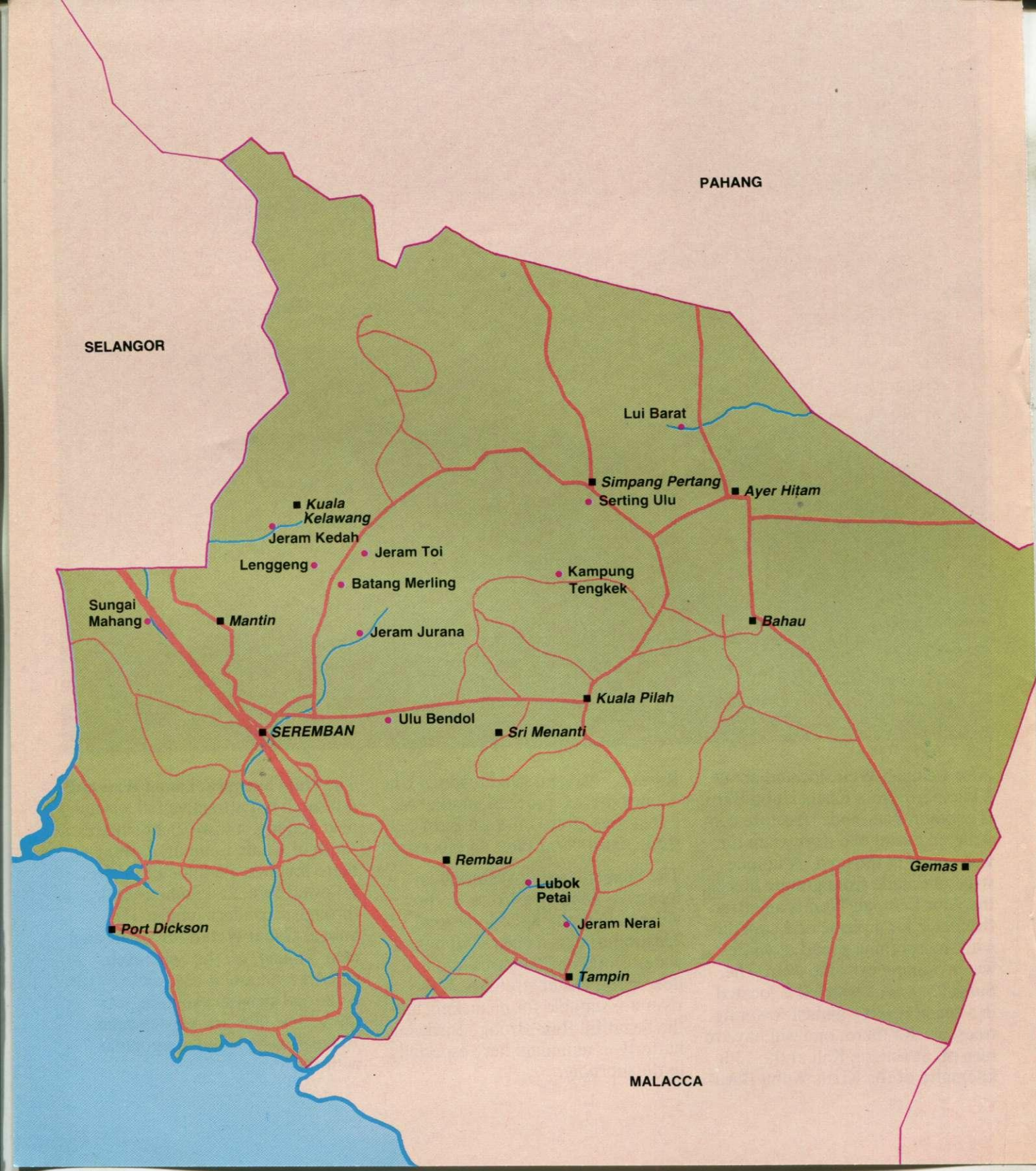
Alor Lempah Weir

Alor Lempah Weir, located about 1 kilometre from Kuala Kubu Baru, is another man-made structure constructed during the days when tin was mined in the area. A unique structure made from granite blocks, the Alor Lempah Weir is an attractive place for a picnic or a cool dip with the soothing sound of white water rippling over the weir. The **Sungai Sendat Waterfall** is located in a forest reserve amidst towering trees. To get there, one will have to turn off at Batang Kali at the 13th kilometre of the Kuala Kubu Baru-

Rawang road and head towards Ulu Yam Baru and proceed another 6 kilometres after Ulu Yam Baru through rubber estates and forests.

The **Sungai Kerling Waterfall** is located 8 kilometres from Kerling village along the K.L.-Ipoh road. This waterfall is a narrow ribbon of water dropping 20 metres into a deep pool. Other stretches of the river are suitable for picnicking and the beautiful Raja Brooke Birdwing butterfly is abundant here especially in the morning.

The **Hulu Sungai Sekamat Waterfall** is a small but attractive fall located near Kajang, a town 25 kilometres south of Kuala Lumpur. Getting there involves a 5-kilometre drive followed by a 2.5-kilometre trek through secondary jungle. The **Sungai Gabai Waterfalls** are located near Kajang, off the Semenyeh-Cheras road and is accessible by car with road signs showing the way there. The falls are a spectacular 100 metres high and are popular with the locals.



NEGERI SEMBILAN

Negri Sembilan, which means "Nine States" used to consist of nine districts which today have been merged into six. Many of the waterfalls in this state are located in forest parks and are well-frequented.



Jeram Toi Waterfall



Jeram Kedah

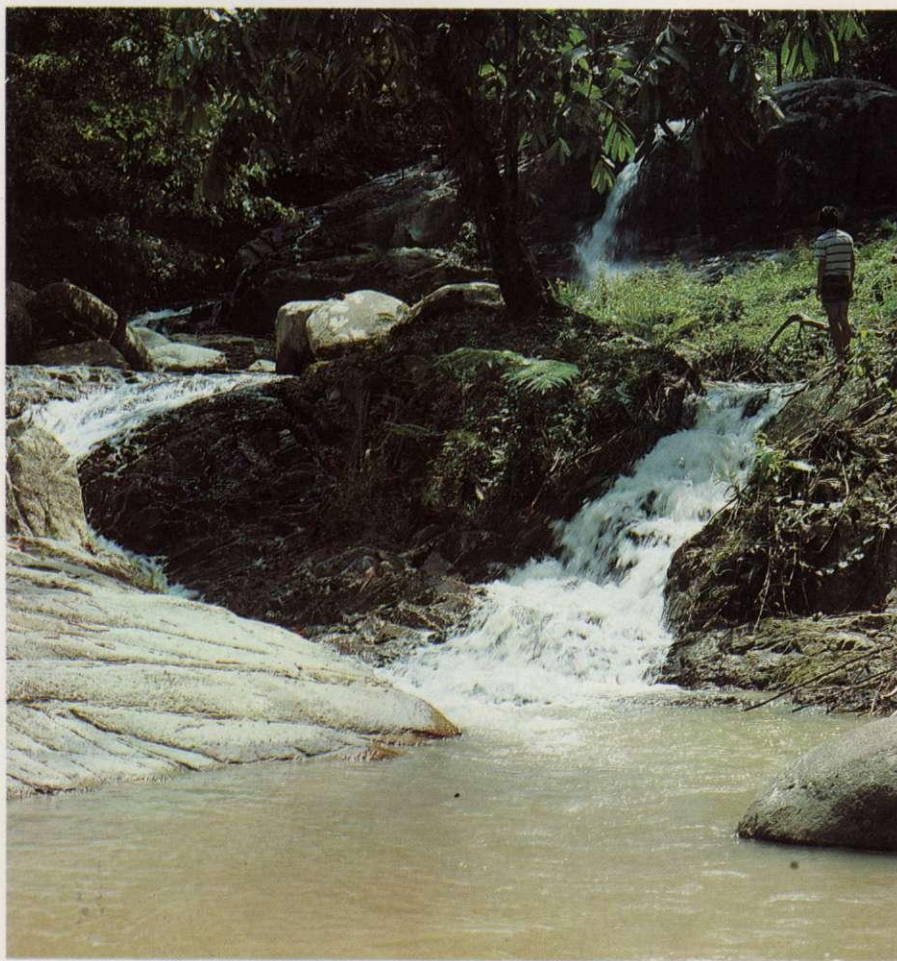
Jeram Nerai can be reached after a 300-metre trek through the Tampin Forest Reserve at the 6th kilometre of the Tampin-Kuala Pilah road. The clear waters of the falls, together with the many species of trees, birds and butterflies that can be found make a visit here worth while. The **Ulu Bendol Falls** are located in a forest park provided with restaurants, gardens and camping grounds. Only 17.5 kilometres from Kuala Pilah by road, this is an extremely popular picnic spot.

At the 17th kilometre of the Seremban-Kuala Kelawang road, the **Batang Merling Waterfall** cascades over 10 metres into a pool, making this another popular picnic spot.

The **Lenggeng Falls** are located in the Lenggeng Park where facilities have been provided for camping and picnicking. The visitor can get here by turning off at the 15th kilometre of the Seremban-Kuala Kelawang road and travelling a further 5 kilometres.

At the 25th kilometre of the Kuala Kelawang-Seremban road is the Jeram Toi Forest Park, a well-maintained park provided with walkways, shelters and other basic facilities. Located within this park is the 30-metre high **Jeram Toi Waterfall**, a favourite with visitors to the park.

Kampung Tengkek is a small Malay village that is about 32 kilometres from Kuala Pilah town. A short 2-kilometre hike from this village along the banks of a river through rubber estates brings one to the



Kampung Tengkek Waterfall



Lubok Petai Waterfall

Kampung Tengkek Waterfall, a broad cascade about 50 metres high with pools that are just ideal for a dip after the trek.

The **Lubok Petai Waterfall** is a small 4-metre high fall with a large pool of clear water. This place can be reached by hiking 4 kilometres from Kampung Miku which is located 14 kilometres from Rembau.

Jeram Jurana is situated about 13 kilometres from Seremban. A small fall located among huge rock outcrops, the rugged surroundings make this place suitable for the more adventurous visitor.

The **Sungai Mahang Waterfalls** are cascades that are found near kampung Sungai Mahang. The falls are located 26 kilometres from Seremban and 3 kilometres from Nilai. **Jeram Kedah**, a waterfall with crystal-clear water and a large pool, is well-shaded by the canopy of the forest surrounding it. Visitors to this place will first have to drive to Kampung Chelogeh which is 8 kilometres from Beranang and 28 kilometres from Seremban and then hike the last 2 kilometres through orchards and orang asli settlements.

The **Serting Ulu Rapids** are located in the Serting Ulu Recreational Park about 3 kilometres from Simpang Pertang and 15 kilometres from Batu Kikir. The rapids have created some small falls and pools and the area is suitable for jungle trekking. **The Lui Barat Rapids** are 21 kilometres from Bahau and this place is ideal for an outing. The drive here through pleasant countryside is a relaxing experience in itself.



GERI SEMBILAN

PAHANG

South China Sea

Tioman Island
(PAHANG)

■ Segamat

Upeh
Guling
Buaya Sangkut

Sungai Endau

■ Mersing

■ Labis

■ Bekok
Bekok

■ Jemaluang

● Gunung Ledang

■ Sagil

■ Tangkak

Sungai Muar

■ Pagoh

Sungai Bekok

■ Paloh

● Ulu Sungai Yong
● Gunung Belumut

■ Muar

● Bukit Ma'Okil

■ Yong Peng

■ Keluang

■ Ayer Hitam

■ Batu Pahat

● Kota Tinggi

■ Kota Tinggi

Straits of Malacca

■ Kulai

● Gunung Pulai

■ Ulu Tiram

■ Pontian
Kechil

■ JOHOR BAHRU

SINGAPORE

JOHOR

Johor, the southernmost state in Peninsular Malaysia is well-known for its pineapple plantations. It is also home to Gunung Ledang or Mount Ophir, a 1276-meter high mountain that is the source of many legends and folklore.



Gunung Ledang Waterfall

The **Gunung Ledang Waterfall**, located at the foothills of Gunung Ledang, is a popular weekend resort, well-provided with facilities for the public. Located at an elevation of 500 metres above sea level, visitors here have a panoramic view of the surroundings. To get here, one has to turn off at the 26th kilometre of the Muar-Segamat road and travel another 2.4 kilometres before reaching the site.

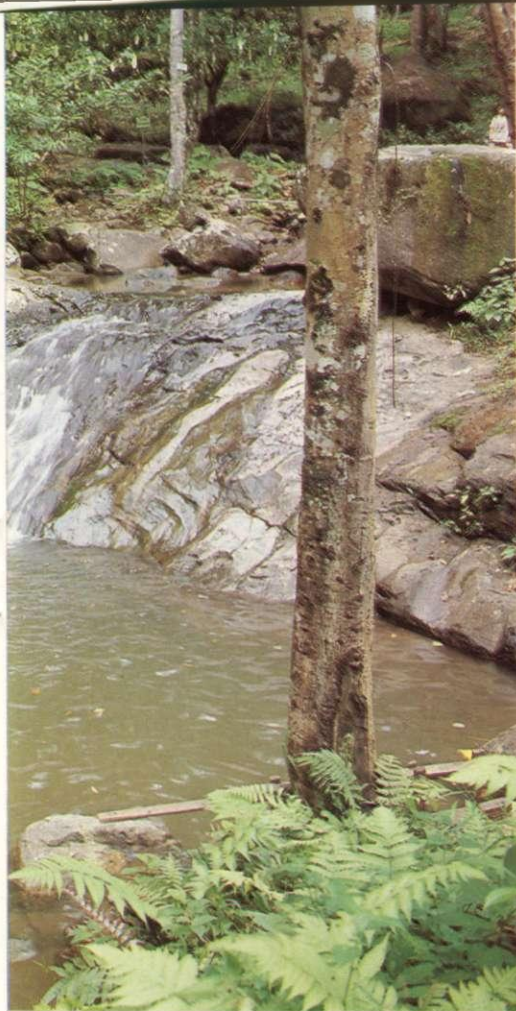
Located on the fringe of a jungle, the **Bukit Ma' Okil Waterfall** offers the visitor a chance to experience unspoilt jungle surroundings. The site can be reached by driving 9.6 kilometres from Parit Sulung town followed by a 2.5-kilometre jungle hike. The **Bekok Waterfall** is a 3-metre high fall with a large pool set in a lush green forest. The journey here consists of a 7-kilometre drive from Bekok town followed by a half-hour jungle trek.



Gunung Pulai Falls



Bekok Waterfall



The journey to **Gunung Pulai Falls** involves a 15-minute drive from Pekan Nenas at the Air Hitam-Johor Bahru trunk road to a 9-kilometre jungle track that leads to the Falls. The water is very clean and the visitor here will find the visit well worth the journey. 16 kilometres from Kota Tinggi are the **Kota Tinggi Waterfalls**, located in a resort provided with chalets, changing rooms, a restaurant and other facilities. There are several pools here for swimming and wading.

Located in the Kluang Forest Reserve about 34 kilometres from Kluang town are the **Ulu Sungai**



Kota Tinggi Waterfalls

Yong Waterfalls. The journey here is quite arduous as it involves travelling through estate roads and jungle tracks but the visitor will be rewarded with seven magnificent falls and many other smaller ones. The **Gunung Belumut Rapids** are very close to the Ulu Sungai Yong Waterfalls and a picnic shelter has been constructed here.

A visit to the **Upeh Guling Waterfall**, located on the Sungai Jasin in the interior of the Labis Forest Reserve, will be a challenge to even the most seasoned adventurer. The journey covers a 25-kilometre drive through estate

road from Kahang, another 30-kilometre drive through dense jungle along a logging track and finally a 5-kilometre jungle hike. Upstream of Upeh Guling is the **Buaya Sangkut Waterfall**. Getting there from Upeh Guling involves 8 hours of hiking through jungle. These two falls are spectacular, untouched by man but the visitor is advised to obtain the services of an orang asli guide before venturing on the journey.



KELANTAN

TERENGGANU

■ Cameron Highlands
● Parit Falls
● Robinson Falls

South China Sea

PERAK

SELANGOR

KUALA
LUMPUR

NEGERI SEMBILAN

MALACCA

JOHOR

Straits of Malacca

KUANTAN

Pekan

Sungai Lembing ■ Gunung Tapis

Sungai Pandan

Sungai Jerik

Sungai Berkelah
Teladas

Sungai Pahang

■ Raub

● Lata Jarum

■ Jerantut

● Lata Meruang

● Bukit Rengit

■ Bentong

● Chamang

■ Karak

● Lentang

■ Mentakab

■ Temerluh

■ Teriang

● Bukit Bertangga

■ Maran

■ Kg. Gambang

PAHANG

Pahang is the largest State in Peninsular Malaysia and within the state can be found the Peninsular's highest mountain, Gunung Tahan and its longest river, the Sungai Pahang. Located within Pahang are also three popular hill resorts namely, Cameron Highlands, Fraser's Hill and Genting Highlands.



Lata Meruang

The **Sungai Pandan Waterfall** is located in the Berkelah Forest Reserve. The waterfall drops 150 metres over a massive rock face into a large pool. To get there, the visitor will have to travel 29 kilometres from Kuantan towards Panching where the junction of the side road to the fall is located. Travelling another 13 kilometres along this laterite road, the visitor will arrive at the site where facilities for resting, picnicking and toilets have been provided.

The **Berkelah Falls** consist of a series of falls the highest of which is over 100 metres high. The visitor will have to turn off at the 42nd kilometre of the Kuantan – Maran road and travel another 8 kilometres over a dirt track before hiking the last 5 kilometres to the site.

Sungai Lembing town, located 45 kilometres from Kuantan, used to be an active mining town but is now almost deserted when mining ceased many years ago. The **Gunung Tapis Waterfall** is accessible from this town via a 10-kilometre laterite track followed by another 10 kilometres of logging trail and finally a 9-kilometre jungle hike. Standing at 150 metres, an unusual feature of this waterfall is the dispersion of the water into a fine mist before reaching the bottom so that a person at the foot of the fall will remain perfectly dry.

The **Teladas Waterfall** is located in the midst of a well-tended parkland and can be reached after a 2-kilometre drive from Maran town. 32

Sungai Berkelah Falls





Parit Waterfall

kilometres from Maran is the **Sungai Jerik Waterfall**, which is conveniently located beside the Maran-Jerantut road and is the ideal spot for the nature-lover. **Lata Meruang** consists of several cascades over a cliff flowing into a large pool. The visitor will have to travel 4 kilometres along the Jerantut-Benta road before turning off and travelling another 11 kilometres along a jungle track.

The **Bukit Bertangga Waterfall** has an unbroken vertical drop of 35 metres and several natural pools of clear water. The journey here involves driving to the Felda Kumai

settlement which is 24 kilometres from Temerloh and a hike of 8.5 kilometres to the site.

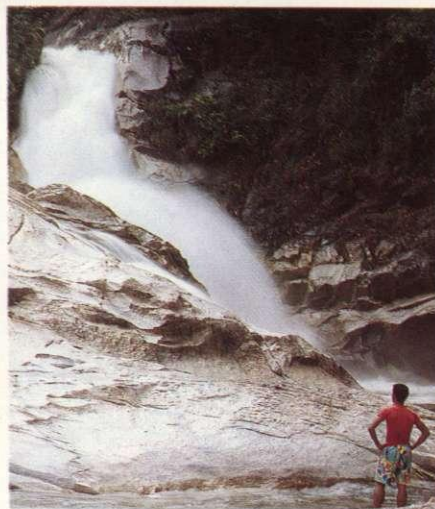
The Wildlife Protection Training Centre, located 16 kilometres from Lancang, is the starting point of a 1-kilometre hike to the **Sungai Rengit Waterfalls**. The **Lentang Cascades** are located just beside the 51st kilometre of the Kuala Lumpur – Karak highway and is a popular picnic spot, well-provided with facilities for the visitor. The **Chamang Waterfall** is located nearby Bentong town and is also another popular picnic spot.

The trip to **Lata Kenong** is an adventure in itself, involving a boat ride from Kuala Lipis to the Tanjung Kiara Jetty followed by a 20-kilometre hike through primary jungle. The waterfall, together with the nearby caves of the Kenong Forest Reserve, will surely meet up to the expectations of any visitor here.

Lata Jarum, a popular picnic spot, is located 32 kilometres from Raub near Kampung Ulu Dong.

The hill resort of Cameron Highlands is home to two beautiful falls, the **Parit Waterfall** and the **Robinson Falls**.

Off the coast of Pahang is one of the most beautiful islands in the world, Pulau Tioman. Pulau Tioman also has a lovely waterfall – the **Mukut Cascades**. Reached with a half-hour boat ride and an arduous jungle trek, Mukut has crystal-clear water cascading down seven tiers of rock. This is the waterfall made famous in the movie "South Pacific".



Chamang Waterfall



TERENGGANU

The state of Terengganu on the east coast of Peninsular Malaysia faces the South China Sea with a long coastline of shimmering golden beaches. Famed for its rustic setting, Terengganu is also home to many lovely waterfalls.



Lata Temakoh

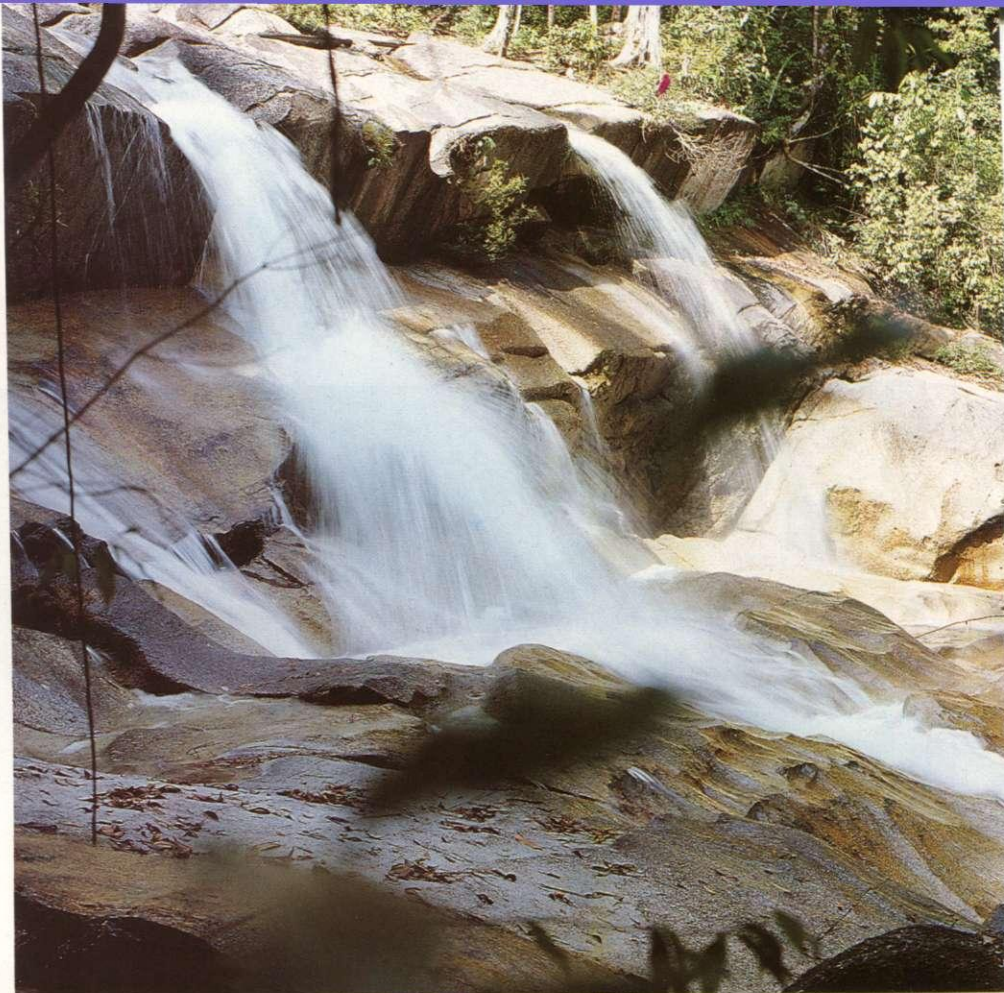
Lata Seru is a beautiful waterfall set in a tropical rainforest. The 15-kilometre journey from Kerteh to this waterfall comprises an 8-kilometre drive to Kampung Cabang and a 7-kilometre jungle hike from Kampung Cabang to the waterfall. The **Hulu Sungai Ibok Waterfall**, a small fall with deep pools, is located 18 kilometres from Kampung Air Jerneh and the journey is best undertaken with a 4-wheel drive vehicle.

The **Sungai Ceralak Waterfalls** comprise two falls with fairly large pools. The trip to the falls involves a boat ride from Kuala Jengai to Kuala Sungai Ceralak and a jungle hike after that. There is an abundant variety of plants and trees here and in spite of the difficult journey, the waterfall is a worthwhile place to visit.

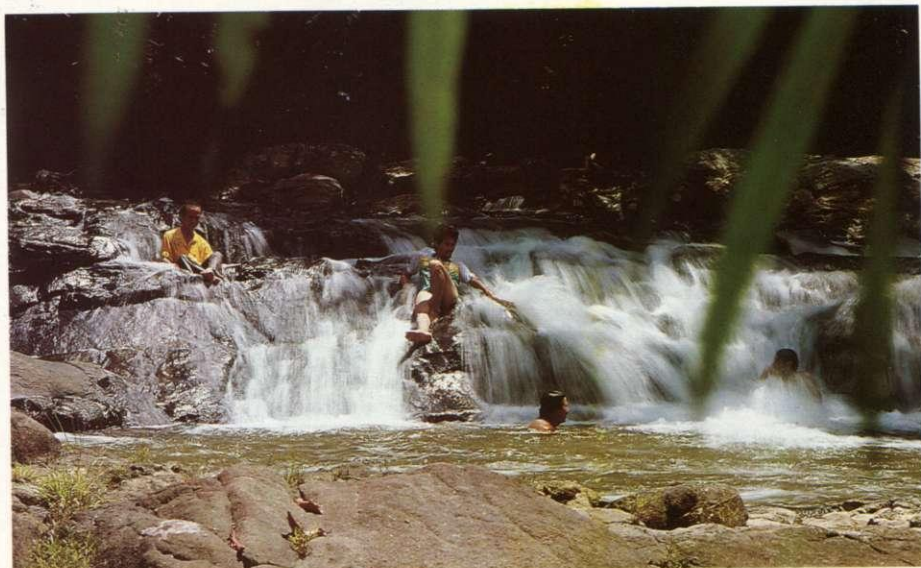
The **Kuala Banum Rapids** are located 13 kilometres from Kampung Air Putih which is itself 30 kilometres from Chukai town by road. The area is in a Forest Reserve and is popular among picnickers and nature lovers.

The **Sekayu Waterfalls** are located in a recreational forest park near Kampung Sekayu, 56 kilometres from Kuala Terengganu. The area is provided with facilities such as shelters, changing rooms, chalets and a rest house.

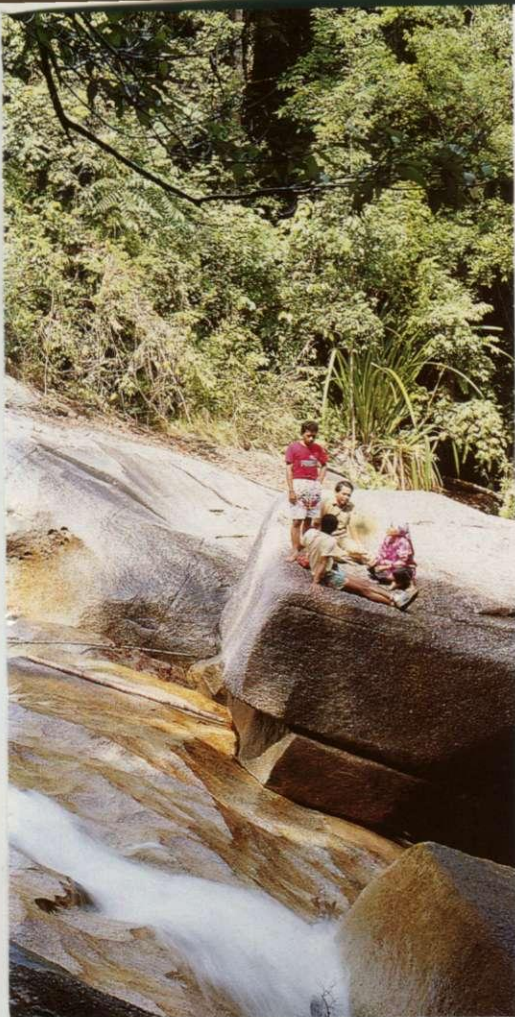
Kenyir Lake, a man-made lake formed by the construction of the Kenyir Dam, is located 55 kilo-



Bukit Belatan Waterfall



Jeram Banum



Sungai Lasir Waterfall

metres from Kuala Terengganu. The lake is fast gaining popularity as a recreational and fishing area and in the upstream reaches of the lake, many beautiful waterfalls can be found.

The **Bukit Belatan Waterfall** is located about 19 kilometres from Jerreh. The waterfall presents a delightful scenery of water falling over a series of immense rock shelves into a pool bordered by rock-walls. **Lata Temakoh** is an impressive series of falls over 200 metres high. The site is within the Pelagat Forest Reserve and is about 20 kilometres from Jerreh.



Sungai Ceralak Waterfalls



THAILAND

South China Sea

Tumpat

KOTA BHARU

Pasir Mas

Jeram Pasu

Pasir Puteh

Jeram Lenang

Machang

Bukit Baka

Kg. Lawar

Jeli

Lawa

Batu 14

Lata Renyok

Sungai Kelantan

Kuala Krai

Lata Bali

Lata Berangin

Lata Rek

PERAK

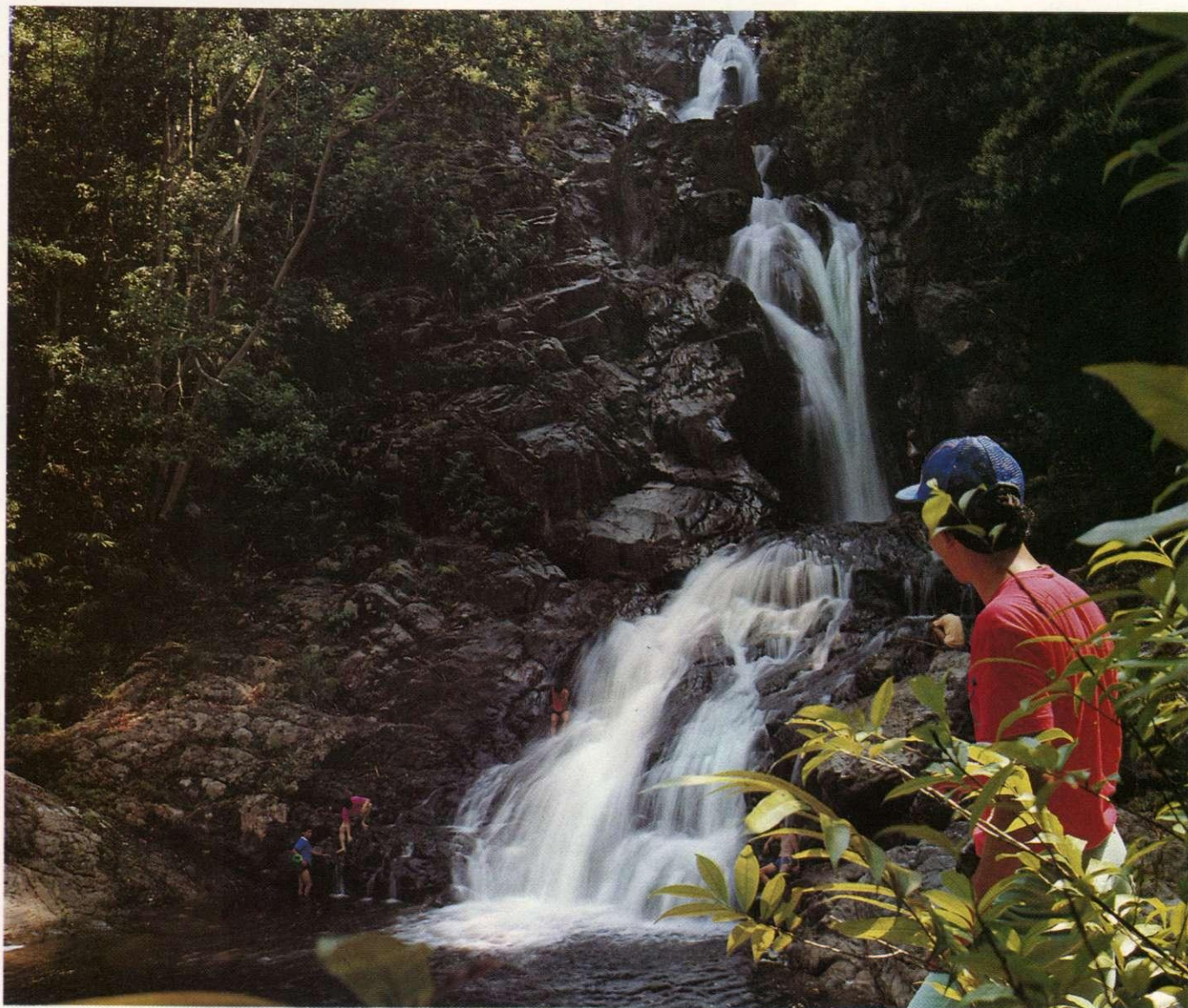
TERENGGANU

Gua Musang

PAHANG

KELANTAN

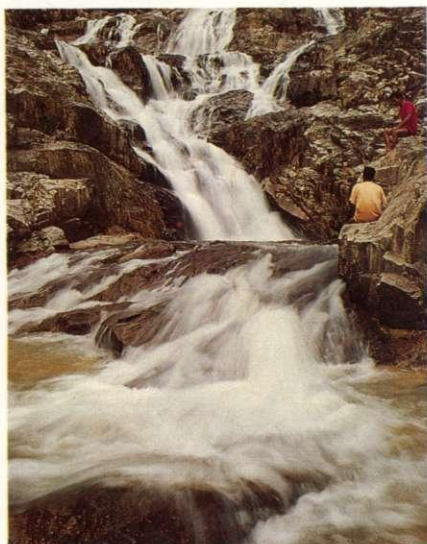
Located on the north-eastern corner of Peninsular Malaysia, the State of Kelantan is home to about one million people and is endowed with a rich cultural heritage and natural attractions amongst which number the waterfalls of Kelantan.



Lata Bali

Lata Bali is located within the Sungai Durian Forest Reserve about 25 kilometres from Kuala Krai town. It is advisable to use a 4-wheel drive vehicle for the journey which is mostly through jungle trails. **Lata Berangin** falls through 120 metres over a huge rock face presenting the visitor with a spectacular view. Located near the Sungai Pas Kesedar Land Scheme, Lata Berangin can be reached by an 18-kilometre dirt track off the Kuala Krai – Gua Musang highway.

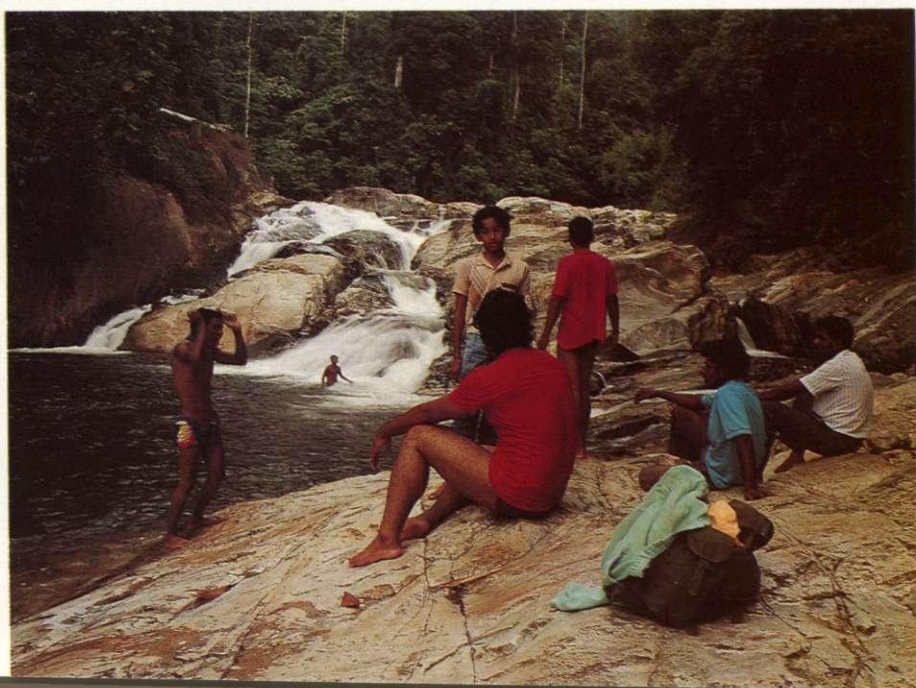
Located within the Kampung Laloh Forest Reserve 40 kilometres from Kuala Krai, **Lata Rek** cascades over rugged rocky slopes and is a popular spot for picnicking and camping. The visitor will be overwhelmed by the sheer size of the falls and the natural surroundings.



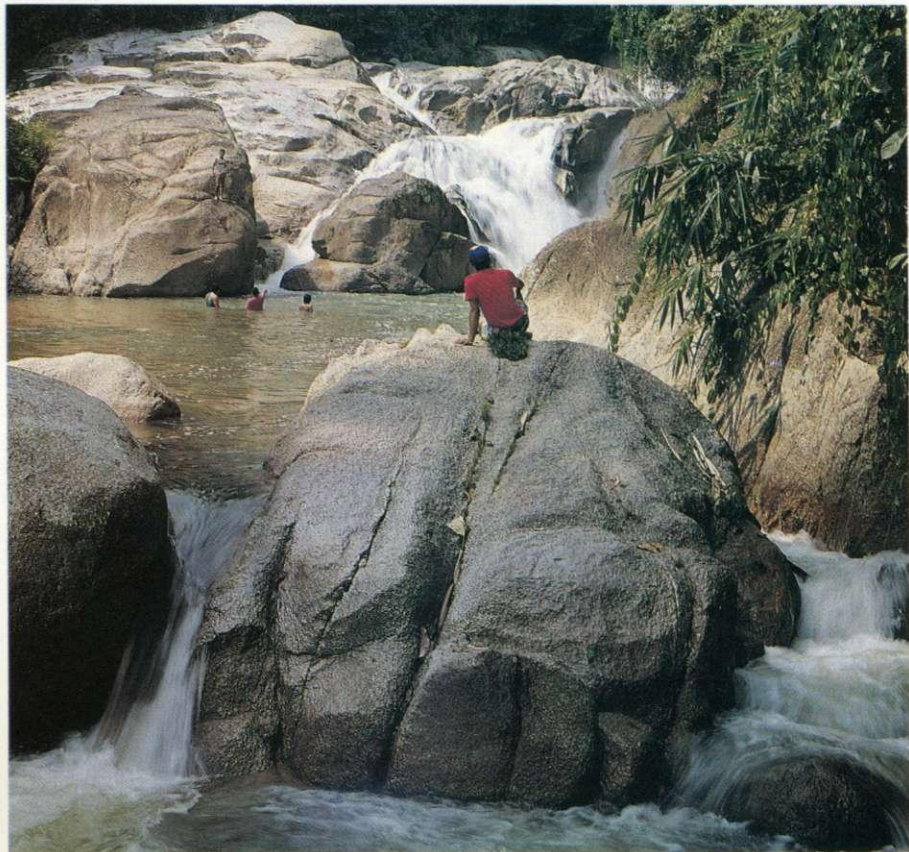
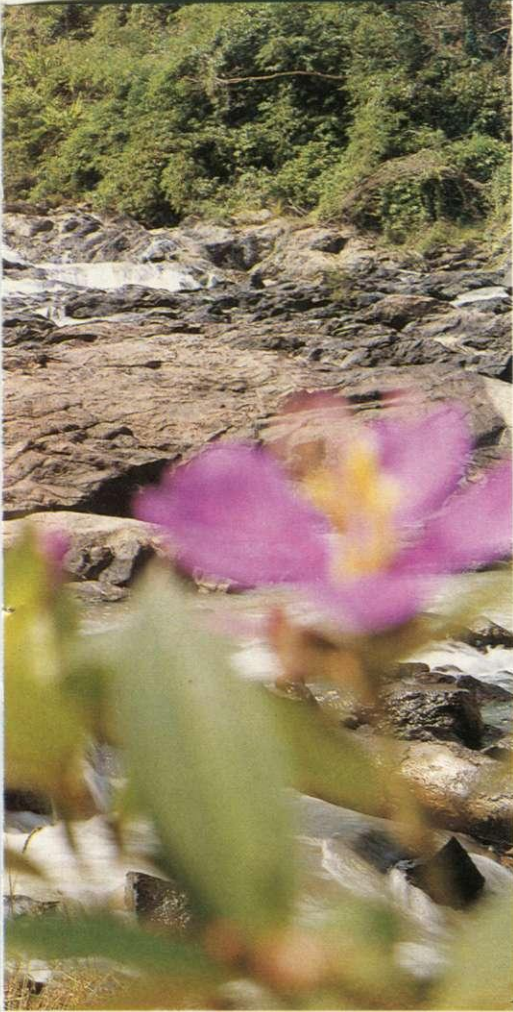
Lata Berangin



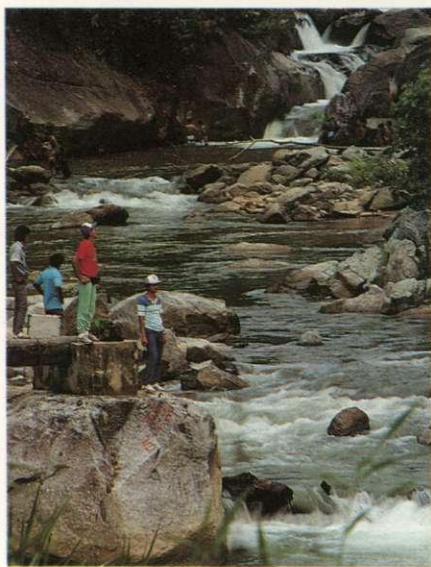
Lata Rek



Lata Renyok



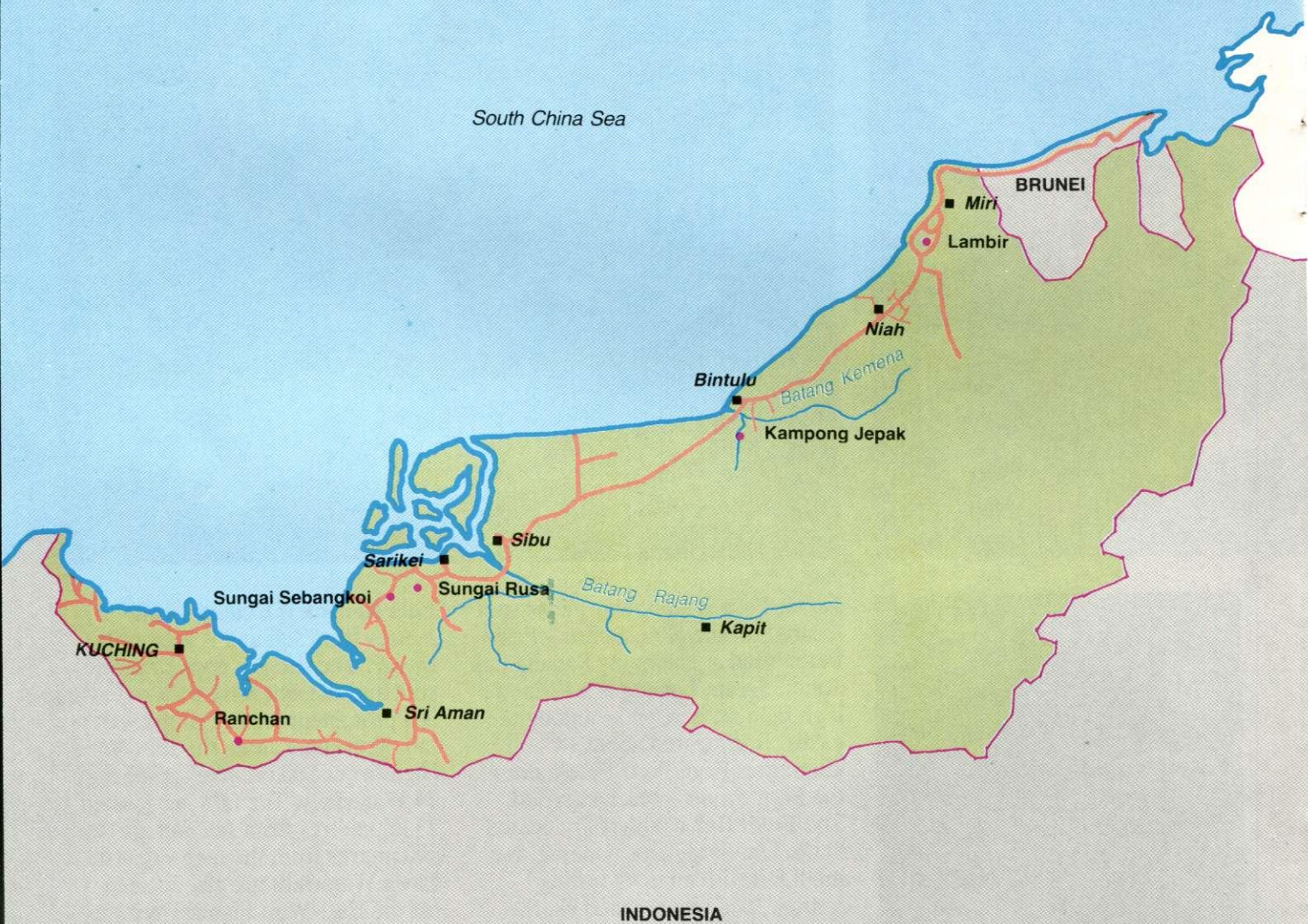
Lata Lawa



Batu 14 Waterfalls

Jeram Pasu is a popular picnic spot located off the Kota Bharu – Pasir Puteh road at Kampung Padang Pak Amat. **Jeram Lenang** is a 12-metre high fall that is popular among the locals. It is located about 14 kilometres from Pasir Puteh along the Pasir Puteh – Machang road. The **Bukit Baka Waterfall**, located in the Ulu Sat Forest Reserve, is a small fall with an invigorating setting. It can be reached via the Machang – Kuala Krai road. Turning off the road 3 kilometres from Machang, the visitor will have to drive a further 8 kilometres before trekking the last kilometre to the waterfall.

Lata Renyok is located 18 kilometres from Jeli and is accessible by car. The site is a popular picnic spot and the extensive rock outcrop is a prominent feature of the waterfall. Travellers along the East-West Highway can take a break at the **Batu 14 Waterfalls**. The falls are located 23 kilometres from Jeli and are just 100 metres from the highway. The **Lawa Waterfalls** are also located off the East-West highway but the journey here is more taxing as a 4-wheel drive is required for the jungle track to the falls that begin 11 kilometres from Jeli.



SARAWAK

Sarawak, the largest state in Malaysia, is located on the island of Borneo. This state is home to many magnificent waterfalls, most of which are however located in the interior and can be viewed from only the air and as such are not included here.



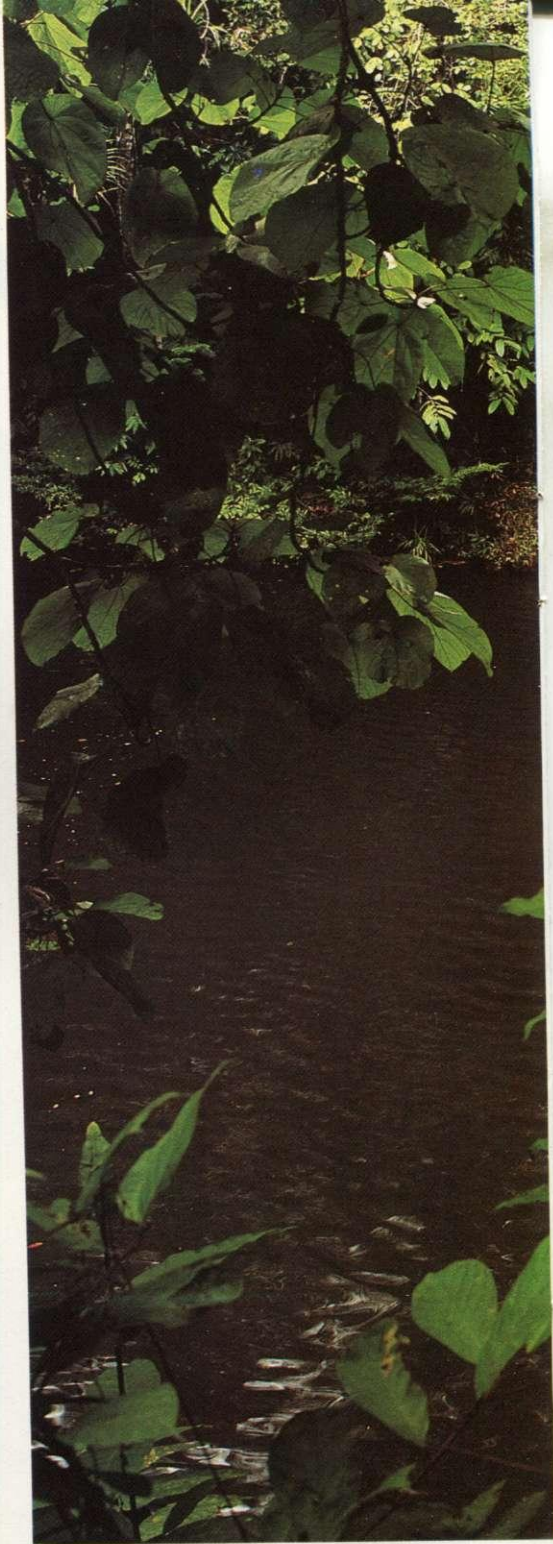
Kampung Jepak Waterfall



Lambir Waterfall



Ranchan Waterfall



Sungai Rusa Waterfall



The **Lambir Waterfall** is situated in the Lambir National Park, 30 kilometres by road from Miri town. A short 20-minute walk in the park brings one to the waterfall, framed by a scenic setting.

The **Kampung Jepak Waterfall** drops over an overhanging rock ledge into a large pool. It is located off the 17th kilometre of the Bintulu-Tatau road, requiring a 10-minute walk to the site from the road. The **Sungai Rusa Waterfall** is a small waterfall that tumbles into a clear pool shaded by large trees. Located 25 kilometres by road from Sarikei, one will have to trek a kilometre along a jungle path before finally reaching the site. 35 kilometres from Sarikei can be found the **Sungai Sebangkoi Waterfall**. Besides this waterfall, the visitor can also visit several nearby villages. **Ranchan Waterfall**, located 3 kilometres from Serian, is a small fall dropping into a large pool at the foothills of Gunung Semuja.





SABAH

Sabah, the “Land Below the Wind”, is noted for its scenic and spectacular natural beauty. Within its tropical rainforests can be found the Orang Utan and South-East Asia’s tallest mountain, Mount Kinabalu.



Madai Waterfall

The **Ulu Kionsom Waterfalls** can be reached after an hour's walk from Ulu Kionsom village which itself is 12 kilometres by road from Inanam town. Visitors on the way to Mount Kinabalu can make a side trip to the **Kampung Podos Waterfall**. Stopping at the 22nd kilometre of the Kota Belud – Ranau road, the visitor will have to undertake an exhausting 45-minute hike before reaching the waterfalls.

Within the Kinabalu National Park are the **Sungai Langanan Falls**, made up of seven falls the most spectacular of which falls through a height of about 150 metres. The **Sungai Kipungit Waterfall**, also located within the Kinabalu National Park, is a 12-metre high fall located near the Poring Hot Spring.

The **Sungai Mowah Waterfall** is located off the Tambunan – Ranau road at Kampung Patau. The visitor will require a guide for the 2-hour trek along jungle paths to the site. Dropping 15 metres into a circular pool, this is one of Sabah's most beautiful waterfalls. Travelling from Tambunan to Ulu Tandulu, one comes to the **Ragkam Waterfall**, a 2-metre high fall with a large pool that is ideal for swimming.

To get to the **Sunsuron Waterfalls**, the visitor will have to drive 16 kilometres from Tambunan along the Tambunan – Kota Kinabalu road. At this spot lies the jungle trail to the falls and the services of a guide will be necessary. The waterfalls are as lovely as the trek is tough and after a 3-hour hike, the visitor is rewarded with a captivating view of the falls.

Sungai Mowah Waterfall





Tawau Hills Park Waterfall



Ulu Kionsom Waterfalls

The **Ulu Kiwal Waterfall** has a height of 35 metres with a shallow pool at the bottom of the fall. From the 10th kilometre of the Tambunan – Keningau road, one has to hike through a kilometre of jungle before reaching the waterfall. A guide is required for this part of the journey. The **Ulu Kalang Waterfalls** are located 5 kilometres from Tenom and can be reached by turning off the Tenom-Keningau road and driving through cocoa estates followed by a 15-minute hike through a rubber estate.

The **Madai Waterfall** is located along the Lahad Datu – Tawau road. The waterfall is about 30 metres in height and the area is provided with shelters, parking areas and walkways for the visitor. The **Hap Seng Waterfall** is located in a cocoa plantation of the same name about 18.5 kilometres from Tawau. Maintained by the owner of the estate, the visitor can see that no effort has been spared in beautifying and upkeeping this place

The **Tawau Hills Park Waterfall** is a small fall with several large pools located in the Tawau Hills Park. Credit must be given to the park authorities for the high standard of maintenance found here.

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